



### Enjoy our 10 by 10 by 10 webinar series

- 10 webinars
- 10 months
- 10 Social Thinking concepts



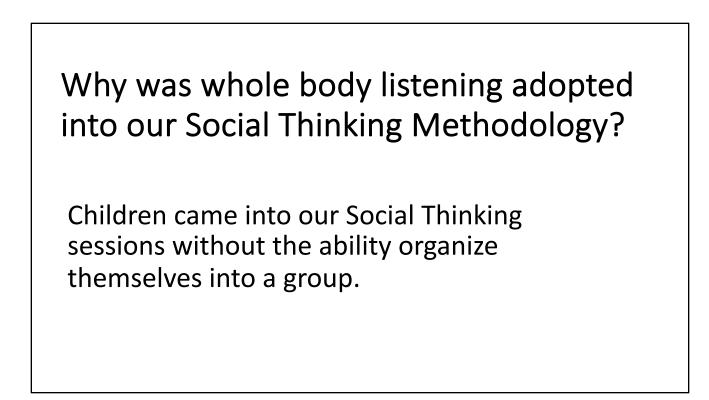


### It's likely you are thinking, "how hard can it be to teach whole body listening (WBL)"?

- WBL is more than a set of behaviors
- The WBL concept "is a tool not a rule"
- Why are unexpected behaviors when "listening" problematic?
- WBL morphs into active listening for teens and adults
- Listening literacy: face to face vs digital device
- Listening and our Social Competency Model

CLINICAL EXCHANGE	Concept events of by
Whole-Body Listening: Developing Active Auditory Skills	Concept created by:
Susanne P. Truesdale Burnt Hill-Ballaton Lake Central Schools, Scotis, NY	Susanne
	Poulette Truesdale,
It is commonly recognized that auditory skills are basic to the language learning process. Likewise, efficienci success. In the school environment, students must continually see through questioning techniques. Emphasis should be on the school environment, students must continually see the school environment, students must continually see the top process, store and retrieve auditory information while simultaneously effeomatoricing comprehension. Listening skills are tunght in various formats and levels throughout the elemenstary grantes. There are abunches are that they must do something when they	1990
resources available for practicing listening skills: and- tory tape recordings of sounds to identify, workless the active backware according to these tangible complete according to the list backware is a second of the second s	Truesdale, Susanne P. (Poulette
What appears to be missing from these programs and methods it to instruction of the balvaor necessaria effective and efficient lisening. We provide practication of the structure of the balvaor necessaria effective and efficient lisening. We provide practication of the structure of the balvaor necessaria The following activities were developed through a tak with our brain, we think abavout the sound or about what	(1990). Whole-Body Listening:
analysis of listening behavior necessary for first-grade tudents. These "whole-body" restrictions are designed by the speaker is asying. We must keep thinking about it will be ease it listing, by the sum with our epoth body body to the speaker is asying a set listing, by the speaker with our grady by body to passively "hearing" and/or put information.	Developing Active Auditory
The following is an example of a typical lesson plan in tracking "who how? listening "who how are more than the set of the set of the image of the set of the image of the set o	Skills. Language, Speech, And
we need to use when we listen? Lat's listen for some sounds outside out-oursom." Esaggenet sillinest and con- transformer and the sound in the sound	Hearing Services In Schools, Vo
tion to them. We were not <i>really listening</i> to those sounds until we thought about it and tried very hard to listen. Swinging and tapping feet make noise and take our	21, No. 3, 183-184.

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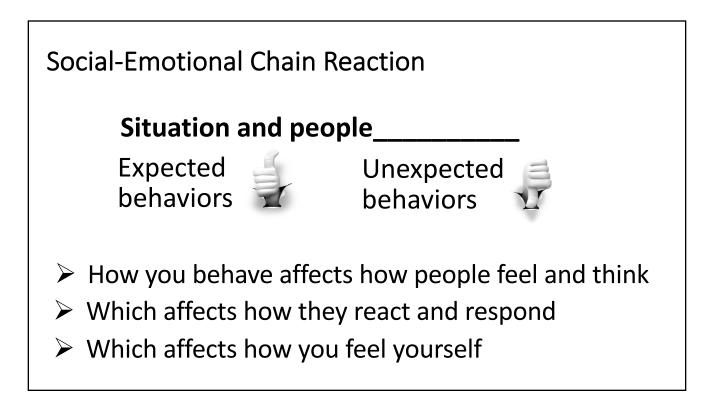


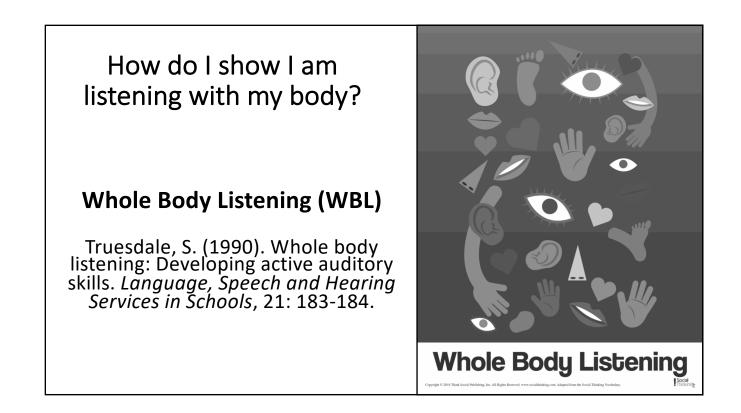
The purpose of teaching whole body listening is to help students:

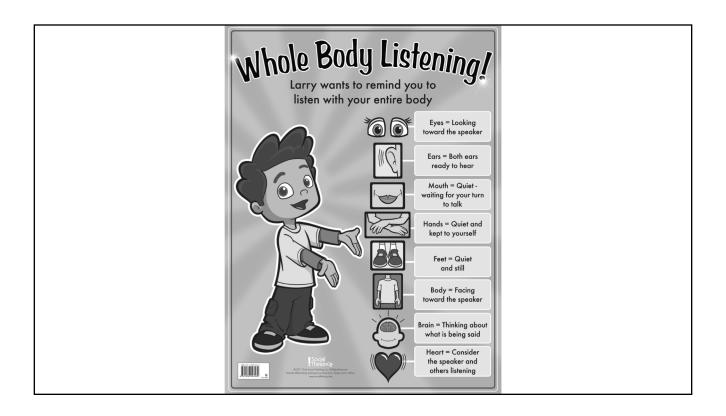
- 1. Develop awareness of ways to help their bodies and brains attend to information so they can interpret what is being said.
- 2. Show others (the speaker and other listeners) that they are listening so they are included in the group.
- 3. Take the perspective of others.

The concept of WBL is often described as a set of behaviors.

However, truly listening involves far more than doing specific behaviors. It involves thinking, perspective taking, feeling, etc.



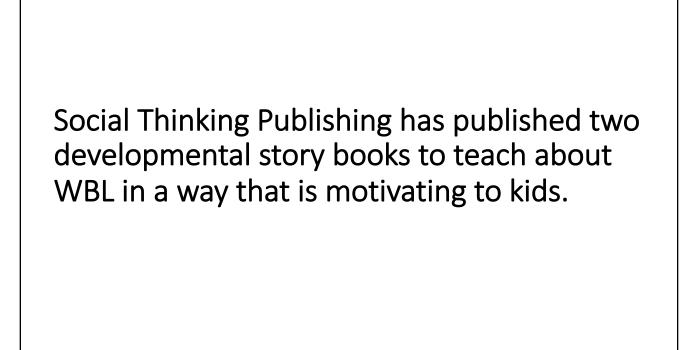


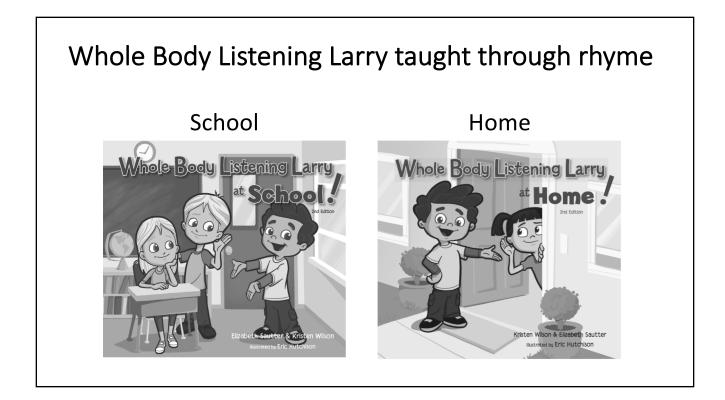


WBL is a tool, not a set of rules! Listen as well as you can.

We each listen in our own way. How we show people we are listening is dependent on each of our own social cognitive and sensory regulation abilities. Learn more in the article by Elizabeth Sautter, co-author of *Whole Body Listening Larry* books:

socialthinking.com/tool-not-rule





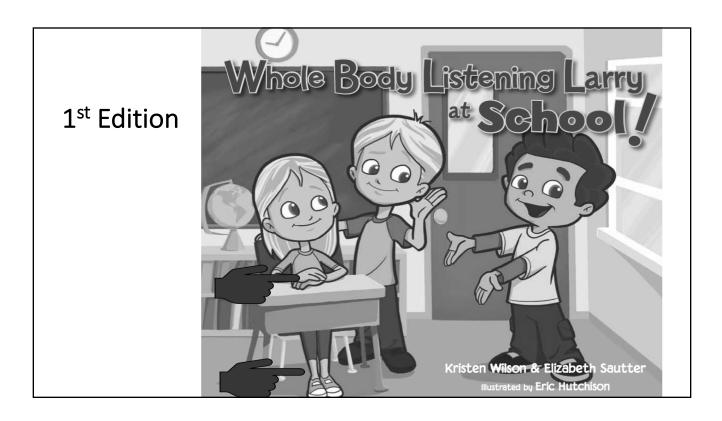
### But wait, we have a problem!

The student demonstration of WBL was horrifying!

### Why the 2<sup>nd</sup> edition of our Listening Larry book series?

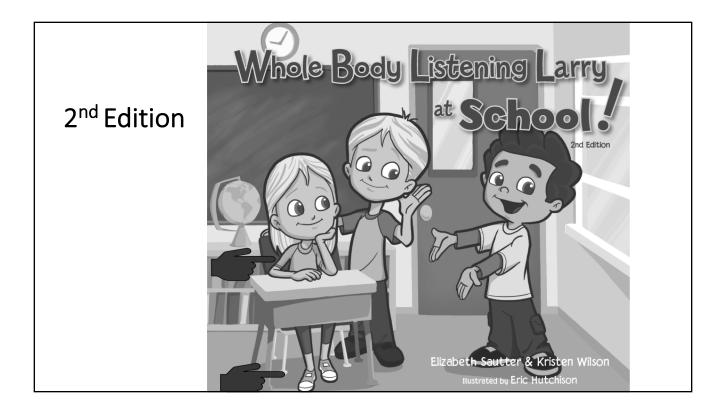
Perfect posture is not needed to listen well!

We goofed! In the 1<sup>st</sup> edition we illustrated students with perfect posture, exaggerating expected behavior. In the 2<sup>nd</sup> edition we depict realistic, relaxed ways to listen with our whole body.



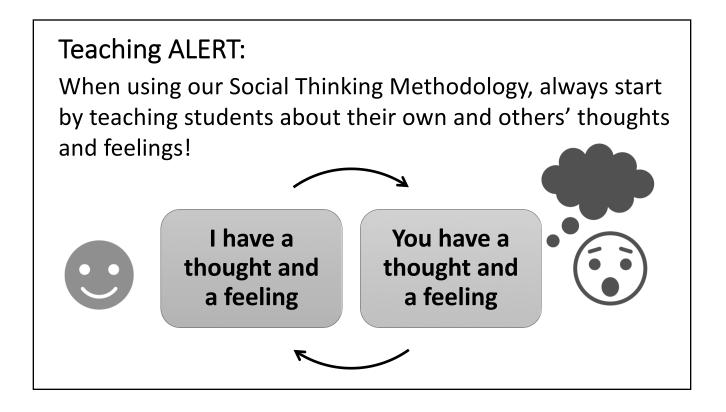


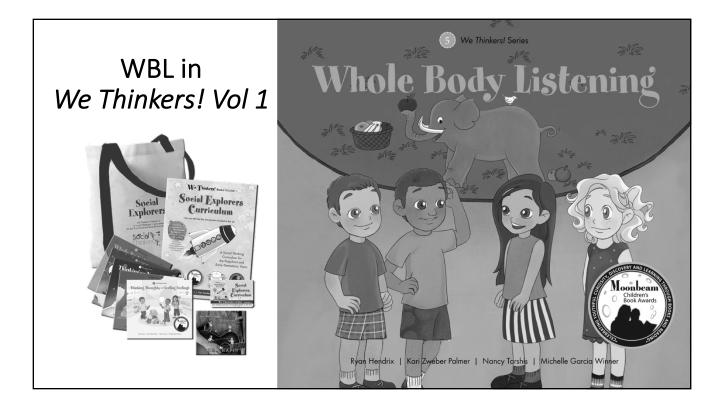








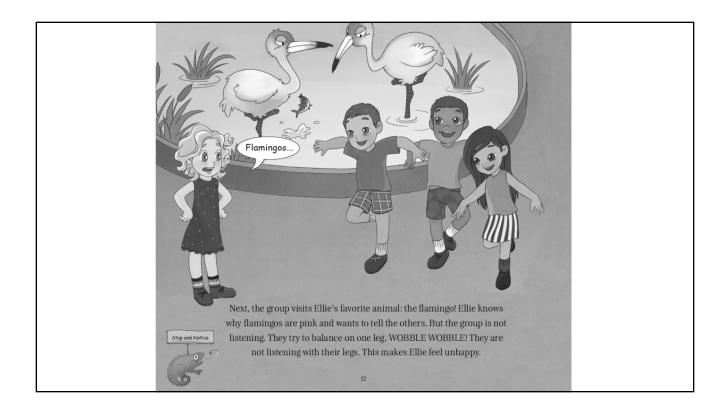


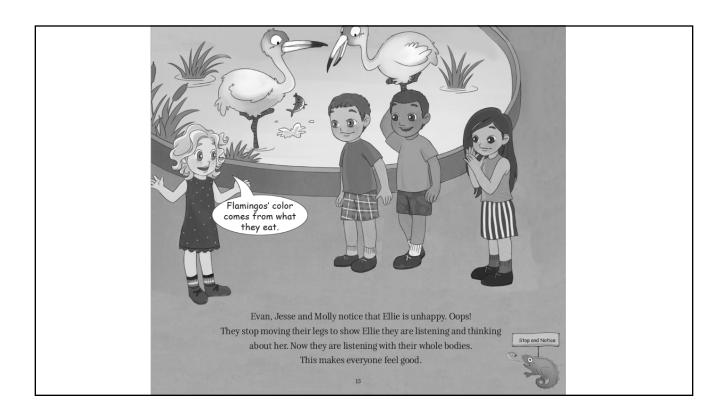


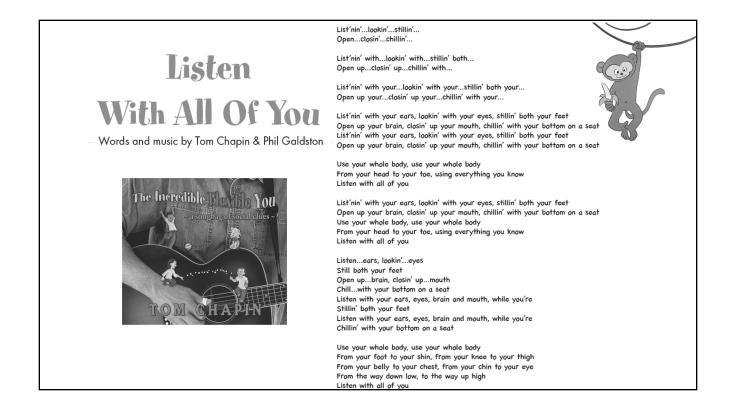
### Scope and sequence:

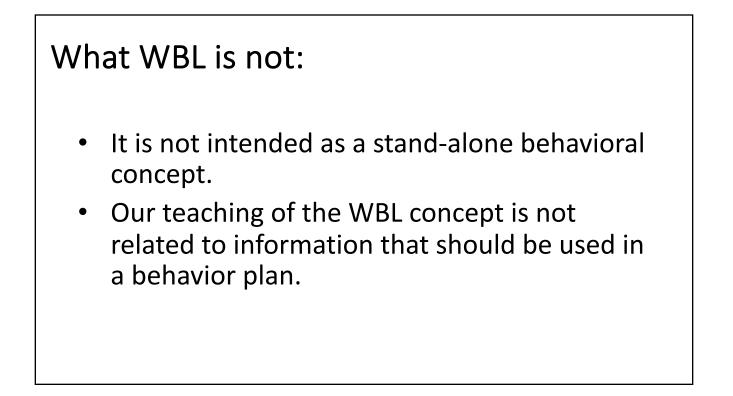
WBL is a more advanced learning concept than most people realize!

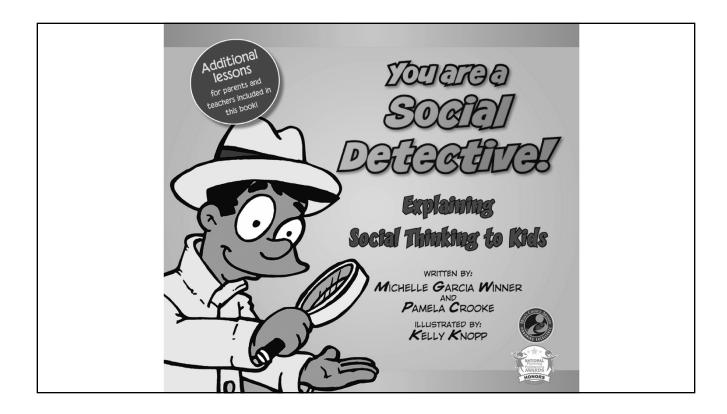
- 1. Thoughts and feelings
- 2. Group plan
- 3. Think with your eyes
- 4. Body in the group
- 5. Whole body listening

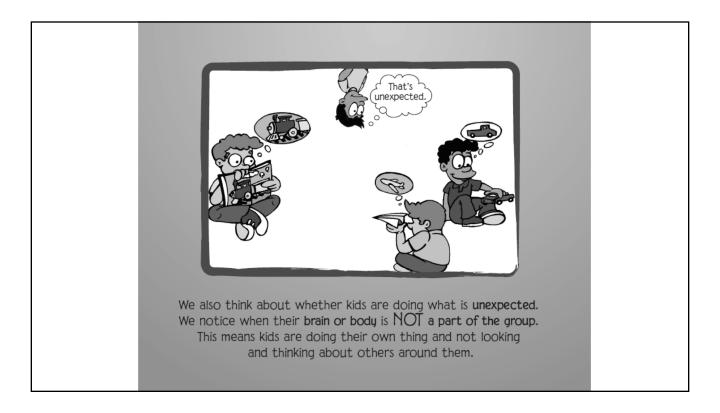












With tweens, teens, and adults we do not use the term "whole body listening". Instead, we use the terms:

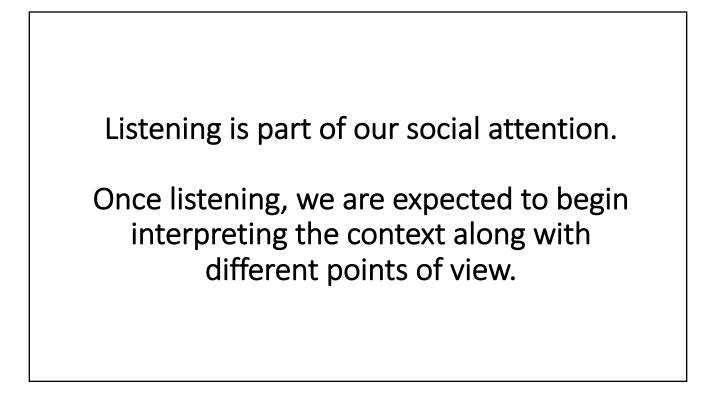
- Be a good listener
- Active listening
- Reflective listening

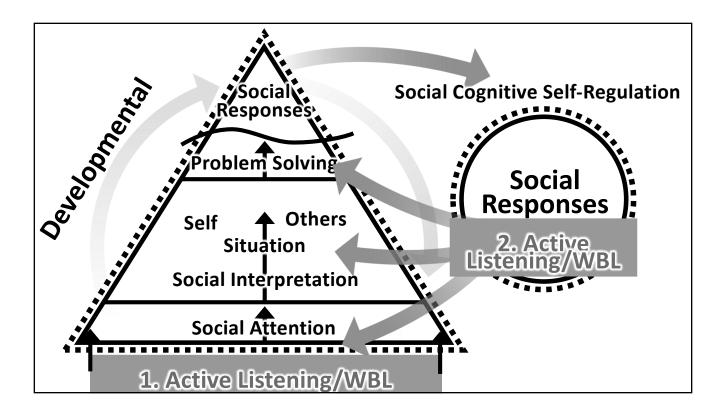
## We listen to understand others' perspectives, ideas, and experiences.

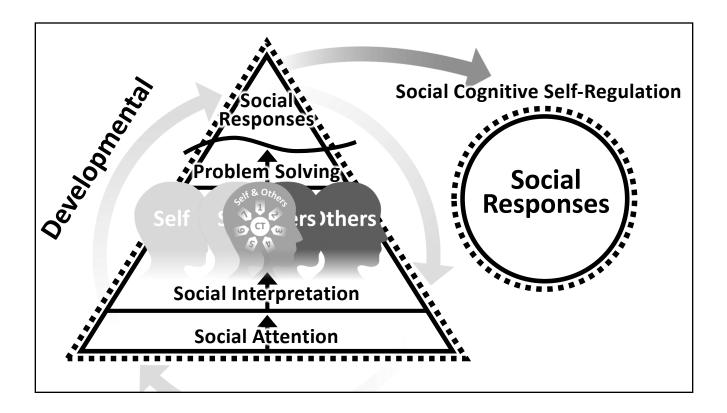
We can then relate to others based on what they shared with us.

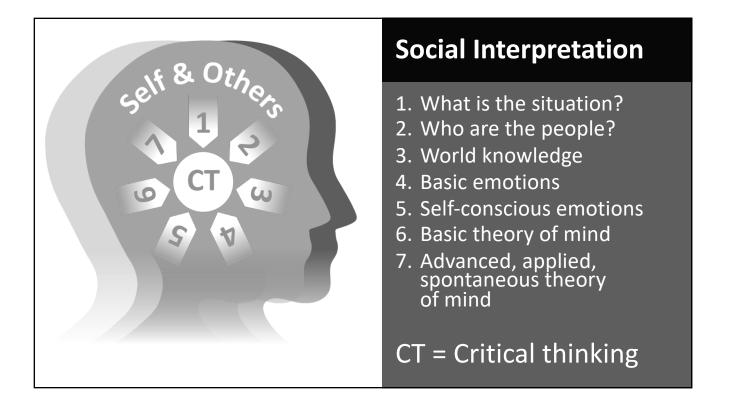
# We have strong expectations for how people listen to us!

"I hate it when people don't appear to be listening to me"....and then he counted his money when others were talking.



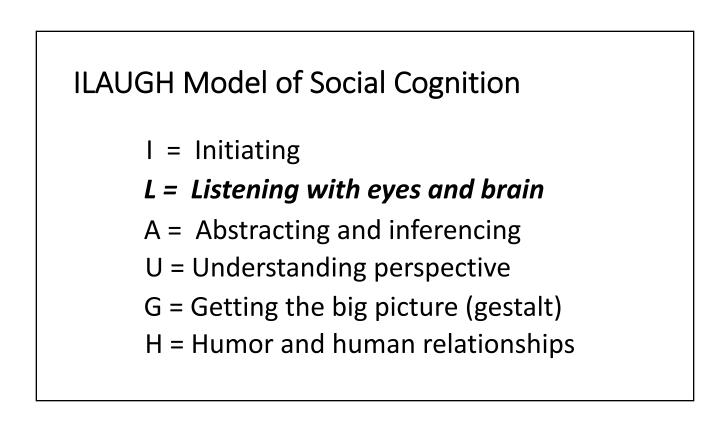


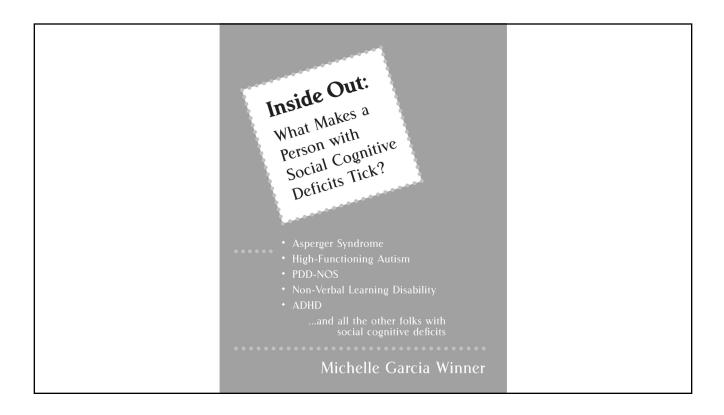


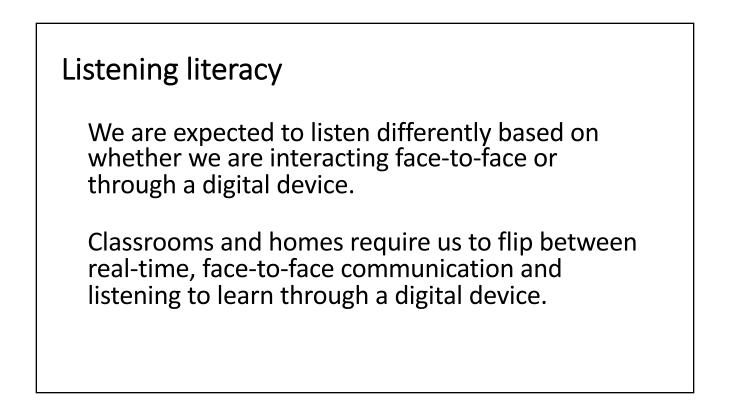


How we listen is influenced by awareness of culture, WHO you're with, and the situation (context).

- How we listen to a respected elder may appear different than listening to a friend.
- Specific ethnic cultures may have different forms of listening behaviors.
- You listen to a person you are dating differently than how you listen after 10 years of marriage, etc.







**Listening through a digital screen** (without a facetime experience) allows the listener to be less concerned with their social responses.

The listener focuses on interpreting information that is both auditory and visual.

In face-to-face communication, if you don't listen, there are strong offenses registered by the speaker and others present in situation, and may result in having strong negative reactions.

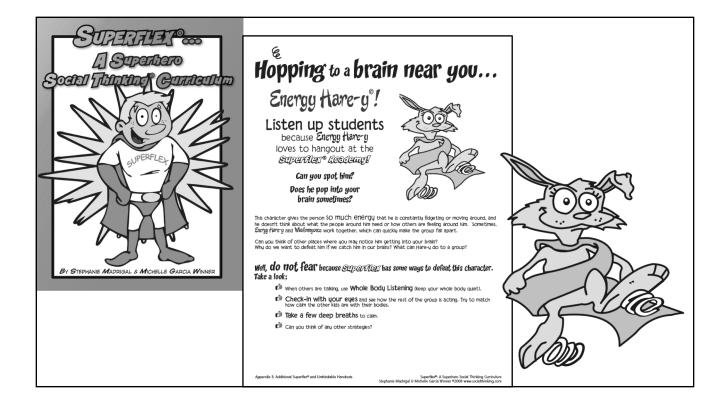
- Who am I listening to?
- What's their role? What's my role?
- Am I to respond or only listen?
- Expectations for listening are related to context.

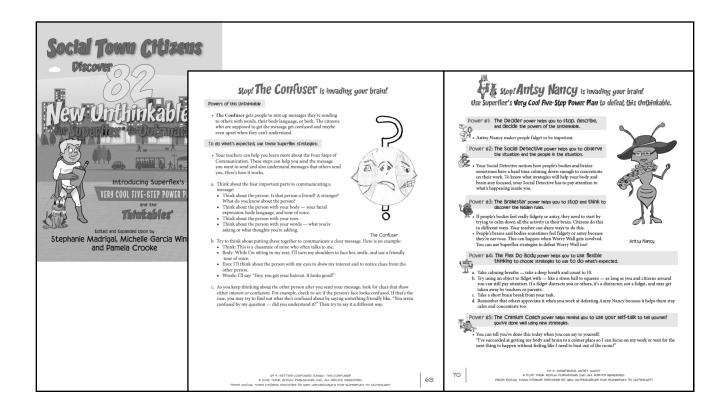
#### Michelle Garcia Winner Founder of Social Thinking

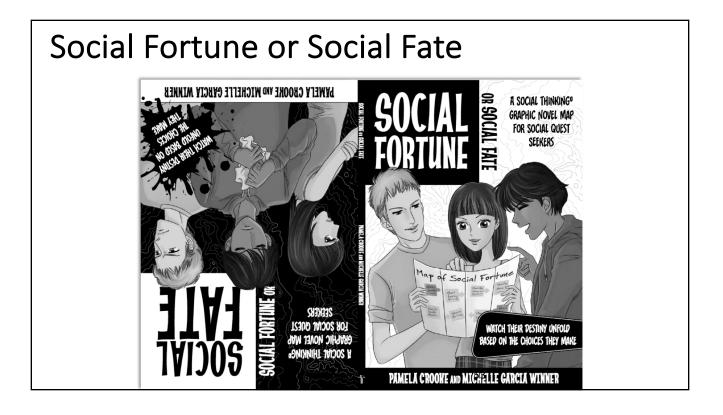
<section-header><section-header></section-header></section-header>	Group r whole bodies are used while being part of a group. brains as well as thinking with our eyes. We will focus	ons impact the classroom setting?	a group. Now in this section we will explore how each ple around us while functioning in the group. Again, re important lessons for our students, especially if we even if they have a paraprofessional to help them! The	Whole body listening     Think and thinking with our brains     savoid     Thinking with our eyes     Thinking with our eyes     Thinking about what other people are thinking.	Previous lessons while teaching new concepts! Observing others through imitation Big problem - little problem Three parts of play: set up, play and clean up
A Social Thinking Curriculum for School-Age Students	Section 2 Our Whole Body and Mind Help Us be Part of the Grou The purpose of this section is to explore how our whole be We will explore the concept of thinking with our brains are on thinking about what other people are thinking.	How does the information in these lessons impac	In Section 1 we explored what it means to be in a group. No of us gains information from the world and people around the information may seem very basic but these are import expect them to succed in the classroom setting, even if they educator will also find these are good lessons to use with AL	<ul> <li>Lunch bags or some blindfolds to cover their eyes</li> <li>Provide things with a distinct and pleasant smell like minit extract</li> <li>A ball (a large ball is more fun)</li> <li>A set of square and rectangle building blocks (avoid using shapes that are hard to stack, e.g. triangles)</li> <li>Book: Can You Listen With Your Eyes? (Everly, 2005) or a similar book on how we listen with our whole body</li> </ul>	Doing what is "unexpected" in a group     Big     "You can impact/affect my feelings"     Three
	•	A Social Thinking Curriculum	-	<ul> <li>High Functioning Autism</li> <li>PDD-NOS</li> <li>Asperger Syndrome</li> <li>Nonverbal Learning Disability</li> <li>ADHD</li> <li>And for all others in the marky gray area of social thinking</li> </ul>	Michelle Garcia Winner 🌀

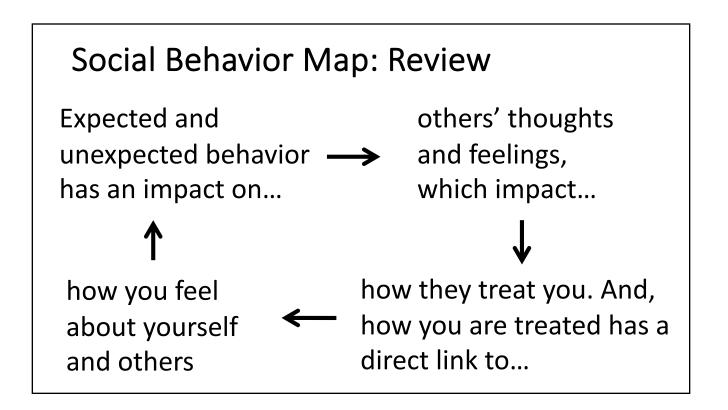
Lesson 6: Listening With our Whole Body		
Whole Body Listening	2. After the children have developed the ability to identify the differen you, the teacher, should act like you are not listening.	nt components,
You can adapt the vocabulary to more explicitly state what behaviors are expected within the group. This informs students that people actually notice other people's nize whether they are abiding by the unwritten social rules or hidden rules.	A. Turn your body or head or legs out of the group. The stuteling what you what you are doing is wrong before you have a think everything you are doing is ok.	Using Our Body and Mind Student Worksheet
How to use this lesson in the classroom:	B. If a student says to you, "your eyes are not in the group, head back into the group but keep the rest of your body will then cue you to move your shoulders back into the g	Listening well with your whole body.
<ol> <li>Explain that "whole body listening" requires that when we pay attentit means our hands, feet, heart, brain, fingers, eyes all pay attention to w ple or members of the group are doing.</li> </ol>	C. At this point only move your shoulders back in the group turned in the other direction. The more they can break o wrong, the more they are thinking about this informatio	Your eves are not helping you to listen (no eve-contact).
A. For young students (Kindergarten to second grade), read the book listening, Can You Listen with Your Eyes? (Everly, 2005). This book i	F	
board type book that demonstrates how a bear listens with all part (brain, hands, feet, heart, etc.). If you know of a similar type of boo use it instead!	3. Have the students display specific behaviors of whole body li	Your feet and legs are not helping you to listen.
B. Write the word "listening" on the board and draw a body with ear and feet. Discuss what listening is. Talk with the students about ho with their whole body (hence, "whole body listening").	A. Copy the "Using Our Body & Mind" form on the next pa put the pieces of paper into a cup. For pre-readers, you o to do in their ears.	Your hands are not helping you to listen.
C. Play games of observing other people in the group and figuring ou like they are listening and who does not appear to be listening bas people are doing with their whole body. The important lesson is th	B. Have the children take turns taking a piece of paper from act out either being a good listener, or act out what mak tener. Have the other students define what parts of the listening.	Your body is not in the group but you are looking at the teacher.
much more than just hearing people say the words.		Your body is facing the wall while you sit in the group.
e Mihalik Gacta Winner 2009 • Newsuschäftlicking.com 60 Section 2: How Our Body		You are talking about airplanes while you are in the group.

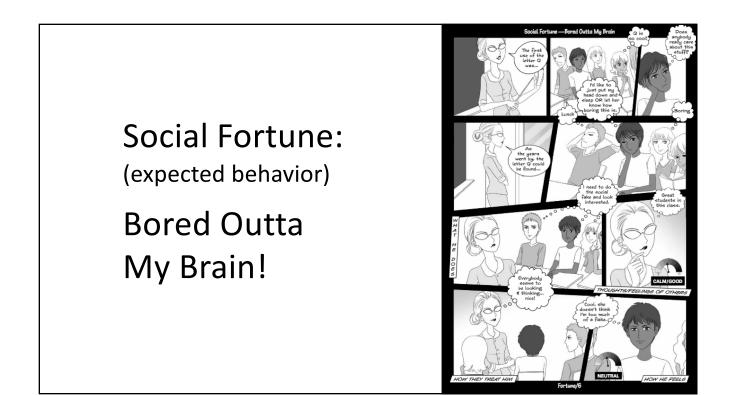


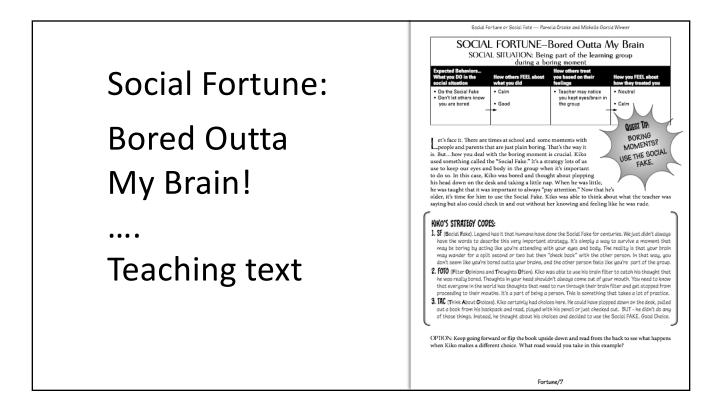


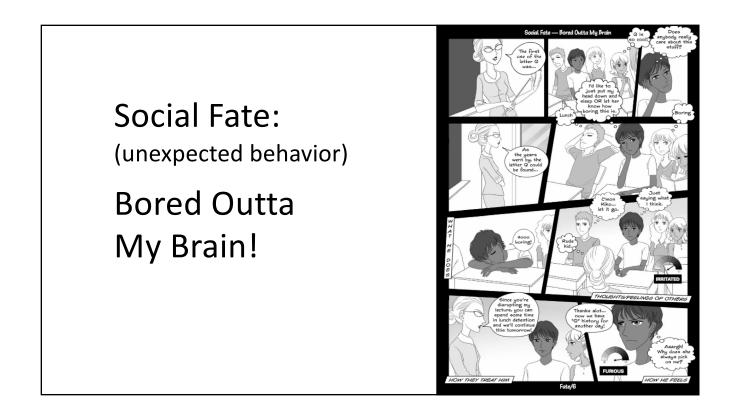






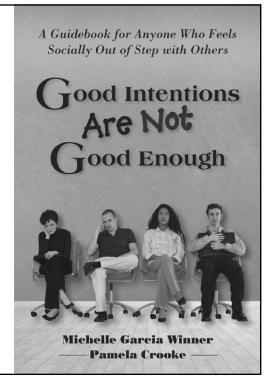






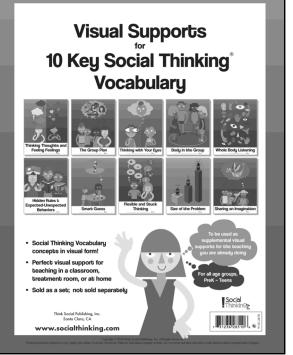
#### For adults:

Explores how an emotional undercurrent is strongly present in the workplace. What each of us does impacts how others feel and think.

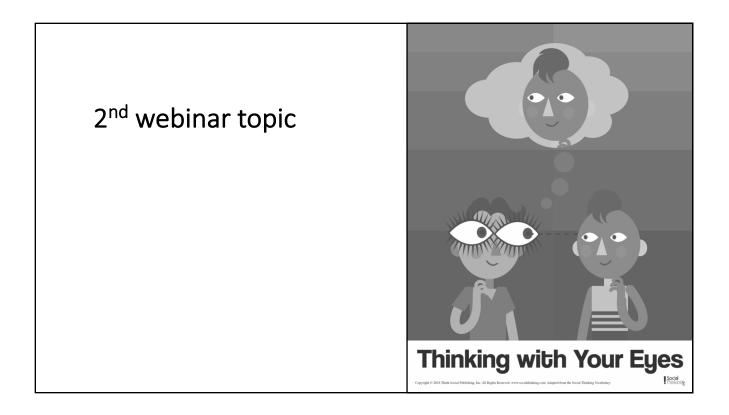


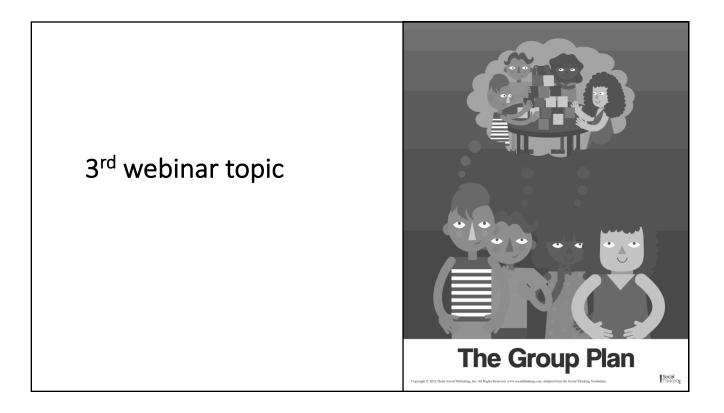
New! Visual Supports for 10 Key Social Thinking Vocabulary (for all ages)

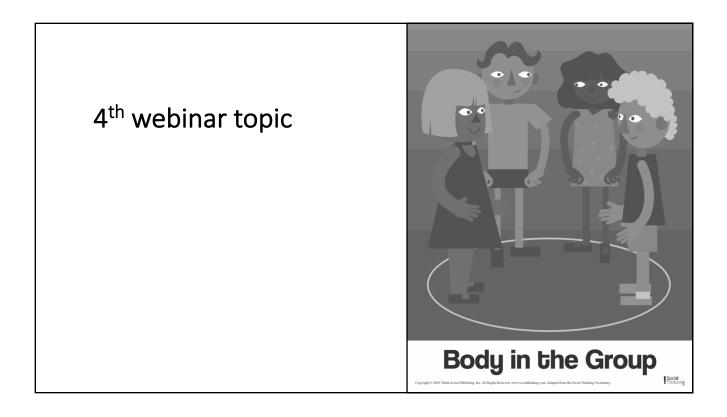
Includes an 11x14" visual support for each of the 10 concepts in this webinar series.

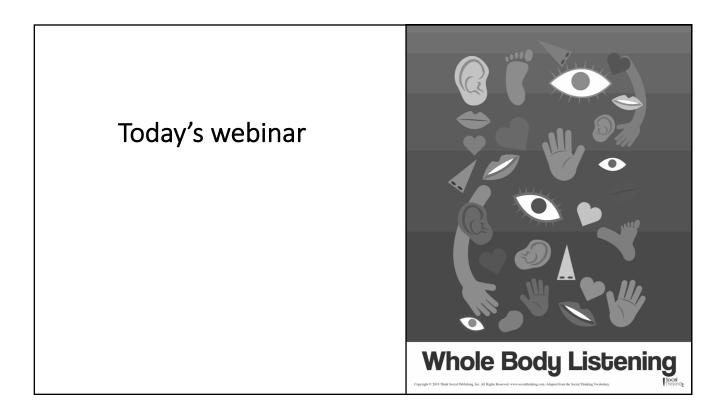




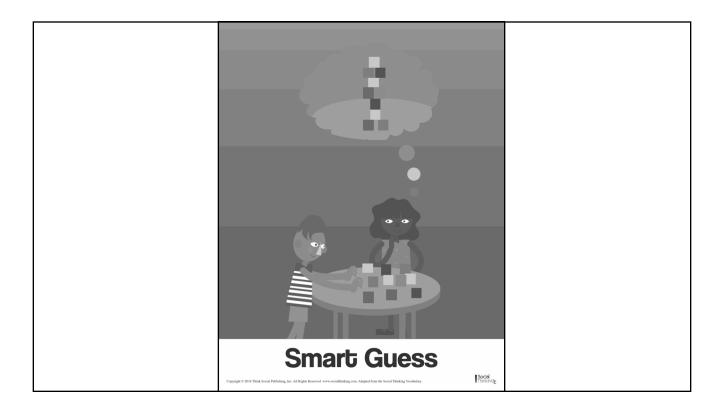


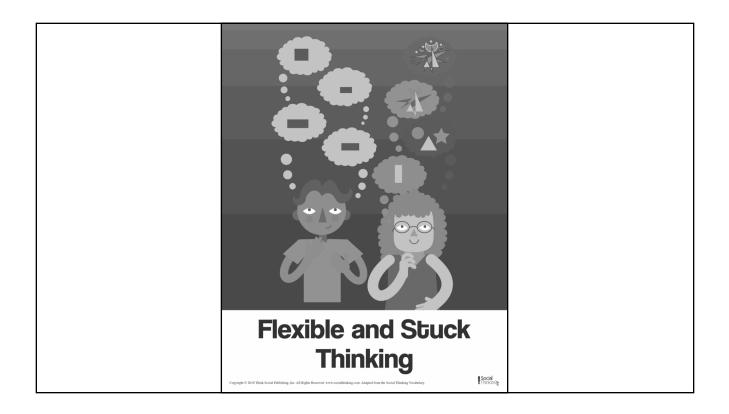


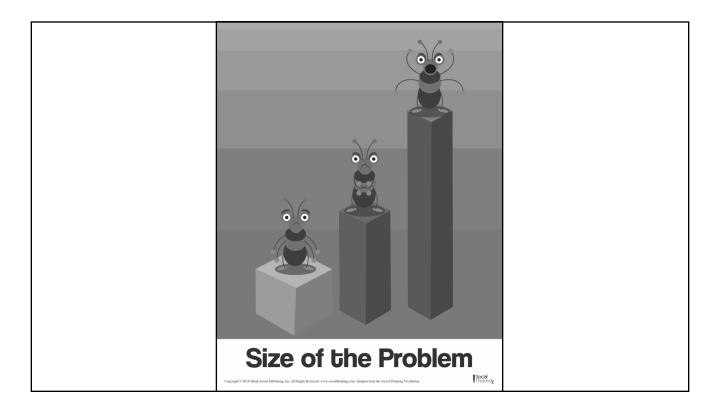
















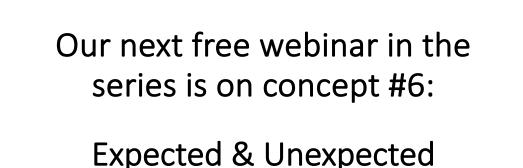
We have many eLearning modules that explore teaching these concepts further...

The following modules mention WBL:

 Part 1: Social Thinking Vocabulary & Treatment Frameworks (Category: Teaching Our Vocabulary, Frameworks & Motivational Strategies)
 Expanding Superflex's Teachings & Exploring Use Across Different Age Groups (Thinkables and Unthinkables card- Energy Harey/Mediation Matt, and We Thinkers Vol. 1 (contents); category: Implementing the Social Thinking Methodology with Fidelity) Initiating Communication & Listening with Eyes, Ears, and Brain

(WBL is briefly touched on when covering the "L" in ILAUGH; category: The Social-Academic Connection)

<u>Strategies for Kids: Brain Boss & Flex Camp: The Detective</u> <u>& Dragon Series</u> (WBL is discussed as part of making Brain Boards; category: Teaching Our Vocabulary, Frameworks & Motivational Strategies)



### Behavior

• Wed., January 23, 2019, 10 a.m. Pacific Time

