

Social Learning for a Lifetime of Well-Being



www.socialthinking.com



Using Social Thinking's Published Products with 8-11 year olds (3rd to 5th graders)

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Links to products and articles

Below video 3 tabs – the one on the far right is "Helpful Resources"

>> links to the specific products and articles relevant to today's discussion

Social ThinkinG 10% off products – just for you!

Use coupon code: Webinar

Expires 12.22.16

Excludes registrations for conferences and our Clinical Training program. Cannot be combined with other offers.

Social ThinkinG

Social Thinking, the company, does not teach a social skills approach.

Social

social thinking problem solving + social skills social competencies

To teach social competencies is to teach:

•Input:

Situation + People + any other details that help to inform

•Output:

Response: intellectual and/or social behavioral

Social

It's an executive functioning process:

- 1. Develop an understanding of social goals (thinking).
- 2. Develop a set of sequenced action plans to relate to your goal(s).
- 3. Self-regulate your emotions and behavior to do the action plans to help you achieve your own social goal(s)!

Social ThinkinG

All our products are designed to teach social thinking (input) and related social skills (output) to ultimately increase self-awareness and self-regulation.

Input always starts first and is then followed by output.

Social ThinkinG This also means we are always teaching perspective taking and executive functioning!

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Using our materials with 3rd-5th graders

Social



Goal is to introduce Social Thinking® Vocabulary in a quick and easy way to kids and adults, while teaching the Social Emotional Chain Reaction.

Ideally, parents, professionals and students all use the same Social Thinking Vocabulary.

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Social Emotional Chain Reaction Situation _____

Expected behaviors

Unexpected behaviors

How you behave affects how people feel and think

Which affects how they react & respond

Which affects how you feel yourself



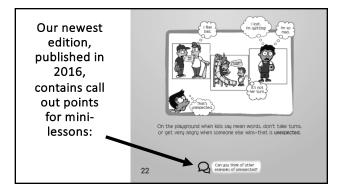


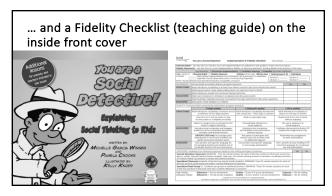




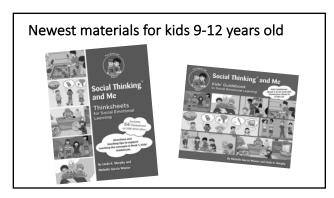






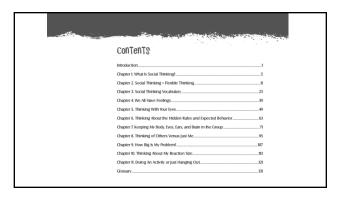






Goal is to expose and explain the social code in a big way directly to students using our Social Thinking and Me Kids' Guidebook to Social Emotional Learning!





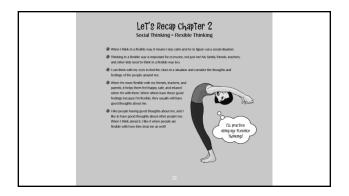
Each chapter in the Kids' Guidebook is paired with a chapter in the Thinksheets book to provide mini-lesson plans on all content.

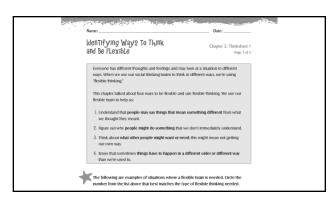






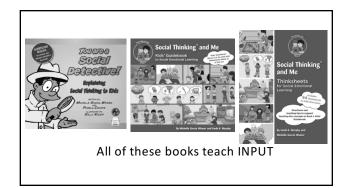




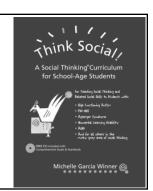


- A teacher shared that her students were enjoying reading the Kids' Guidebook in much the same way they like to study science!
- We are hearing students are motivated and enthusiastic to read and explore how the information relates to them.

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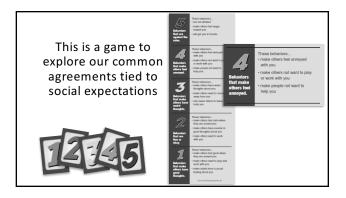
For further extended lessons on Social Thinking Vocabulary, please access our large curriculum.



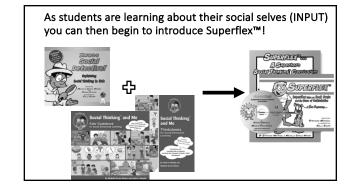
Only after students have had some significant experience developing their social thinking INPUT, do we move toward teaching them about OUTPUT

Social ThinkinG Should I or Shouldn't I? What Would Others Think? Elementary School Edition, is a great game to explore how each person interprets (INPUT) others' social behavior (OUTPUT)





Due to public demand for both our Elementary & Middle/HS games, we developed an expansion pack for each age group.

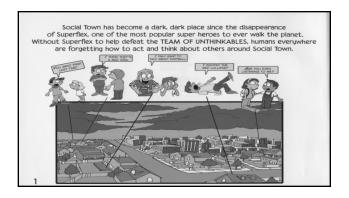


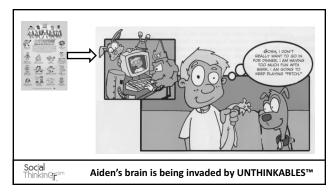
Superflex, the social superpower, was created by Stephanie Madrigal as she worked with an unmotivated 10 year old.

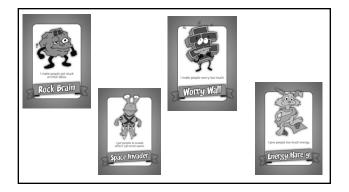
Read the Rock Brain comic book to introduce students into the world and powers of Superflex and the Unthinkables!

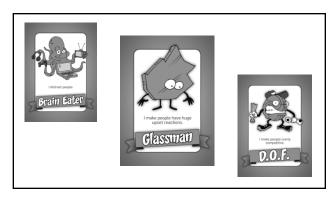
Children are ready for Superflex when:

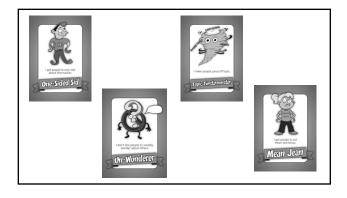
- •They can distinguish between real and pretend
- Have learned the basic Social Thinking concepts
- Are developmentally ready meaning they can begin to think about their own thinking and how this relates to their own behavior!

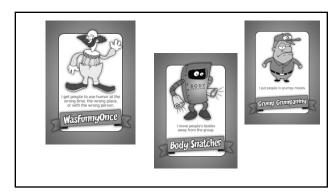










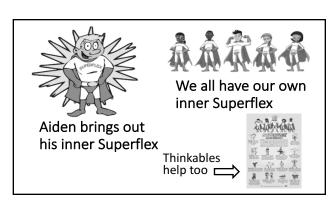


We teach the powers of Superflex alongside the powers of the Unthinkables

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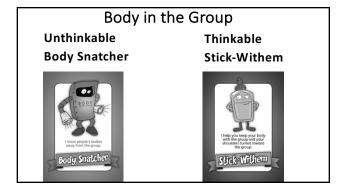
Due to our public's requests, we created a twobox set of visual reminder cards called Thinkables and Unthinkables Double Decks

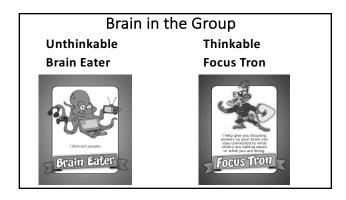


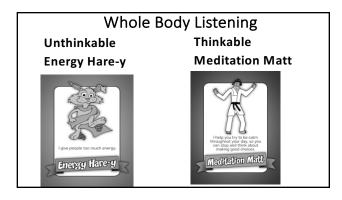
Putting it together...

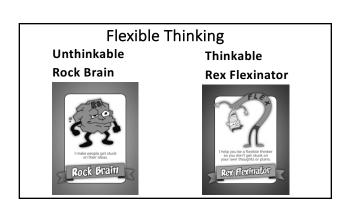
We can pair Thinkables and Unthinkables with core Social Thinking Vocabulary to teach the concept and not just try to correct the behavior.

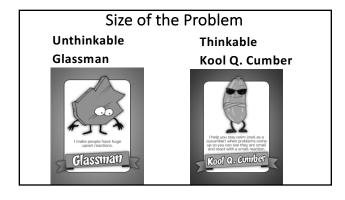
For example:



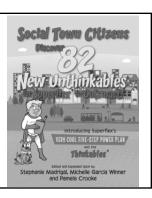


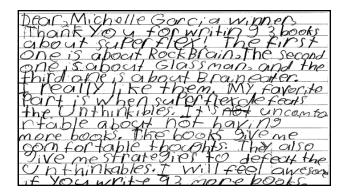


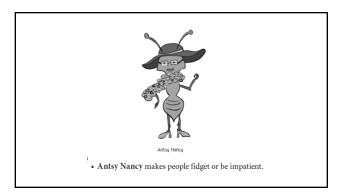


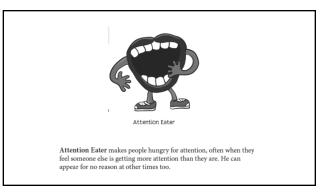


The public also requested that we create a way to publish some of their many Unthinkables and some of our newest ideas.













In our book, Social Town Citizens Discover 82
New Unthinkables for Superflex to Outsmart,
we also attempted to answer the question
posed by many in the mental health
community.

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People asked us how Superflex got his powers.

The Fabulous Five Power Pals had to figure out in what order their powers appeared in Superflex's brain so he could model it for each of his citizens.

The Critical Steps and Powers...

67

Superflex's Five-Step Power Plan

- 1. The Decider Power
- 2. The Detective Power
- 3. The Brakester Power
- 4. The Flex Do Body Power
- 5. The Cranium Coach Power

68

The Decider went 1st

It is important for citizens to first stop and DESCRIBE AND DECIDE which Unthinkable(s) is present in that moment in a citizen's brain.



The Social Detective went 2nd

Citizens must know how to OBSERVE their own and others' feelings and reactions to gain this power, which also helps them start to figure out the social expectations in a given situation.



70

The 3rd step is Brakester

The critical middle step is in strengthening one's power to STOP AND THINK to figure out the hidden rules of a situation as well as the hidden rules to keep oneself and others feeling okay, or even good, being with others. This leads to the development of possible strategies to use.



Our 4th step is Flex Do Body

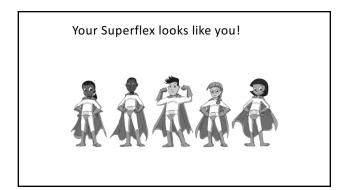
FLEXIBLE THINKING allows
Superflex and our citizens to
consider what Social Detective
and Brakester have figured out, to
then identify strong, meaningful
tools and strategies to use as our
final big step toward ridding
ourselves of those nasty
Unthinkables.

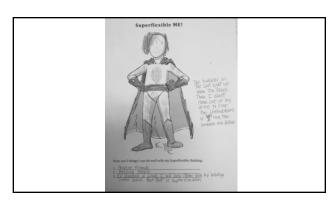


Finally, Cranium Coach, our 5th and last step, encourages us to celebrate our victories or explore our continued challenges.

Our citizens need to develop a strong SELF-COACH power to talk themselves through what they did well or what they need to continue to work on to meet their social goal. A key to teaching a student about Superflex is to teach that we each have our own Superflex!

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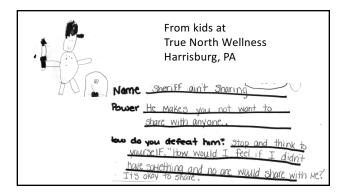






And very often, students want to create their own Unthinkable and Thinkables, creating "buy-in" and motivation

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Kind Kyle: I make people remember that they must follow orders and tasks. I remind people that it's important to always "Do Your Duty." I am a general in Superflex's Thinkable Army, and I am always trying to do what's right/what's expected of me.



I love to make others proud of all the work I do, and it makes me proud to work hard with Focus Tron, Tracker and Stick-Withem to remind others that we must stick to required tasks now so we can get them done to have the most fun later.

People also asked us to create music to go along with the Superflex teachings.

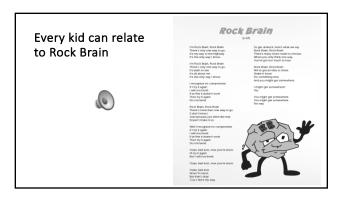
Michael and Patty Silversher are our song writers.

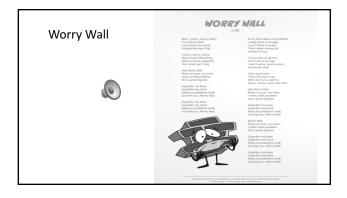


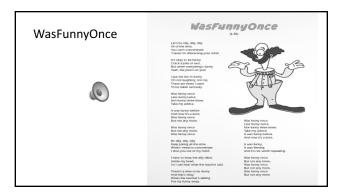
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In searchbox put:
My Hero Inside











We teach that a child's Superflex becomes more powerful as each person acquires powers to defeat his or her Unthinkable(s)!

See our free article called DOs and DON'Ts of Teaching Superflex!

Social ThinkinGir A fidelity checklist for teaching Superflex is posted on the product page for Superflex on our website.

Scroll down in the text to find it.

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Superflex and PBIS

Positive Behavioral Interventions and Supports: creating a caring community

- Creating safe schools establishing a positive culture with quality leadership through common:
 - Vision
 - Values
 - Language
 - Experience

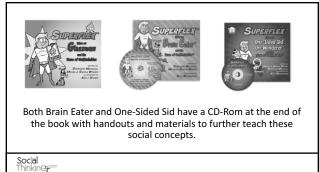


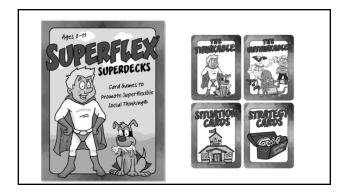
Call from a principal

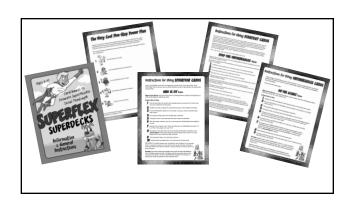
"Can we get permission to use Superflex throughout our school? This includes me making announcements each morning on the loudspeaker about which Unthinkable is on the loose in school and what strategies our Superflexes can use to defeat it when found!"

As people requested more information on teaching Superflex we began to create books to teach strategies to defeat specific Unthinkables.

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How are the Superflex Superdecks different from the Thinkable & Unthinkables Double Deck?

**The Company of the Company of the

Final thought: our Motivational/Developmental Tools help guide us in teaching students to develop self-awareness and improved social interpretation (Input) and to be more aware and capable of refined social output.

As you teach, remember you are teaching social competencies and not simply social skills.

Look for our e-learning modules launching in late 2017

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