

Social Thinking teaches social competencies and not just social skills.

As a master's level speech language pathologist, I was taught that language involved:

- Content (semantics)
- Form (syntax)
- Use (pragmatics)

The students on my high school caseload had significant issues "using language" but they also had many weaknesses in using non-verbal cues to support what they were trying to communicate.

But there seemed to be more going on than them simply not knowing how to use language. They also had compelling issues interpreting adults and their peers, understanding hidden social expectations, getting organized, time management and their problems extended directly into their academic work.

My students who struggled to initiate and sustain relationships with their peers also struggled to interpret and respond to many classroom assignments.

As a speech language pathologist I worked both within the classroom and with my students in small group sessions.

I observed patterns that connected my student's social skills functioning to aspects of their academic functioning.

Yet standardized academic testing was not necessarily identifying the weaknesses I was observing in their social cognitively based learning systems.

I was trying to explain these patterns to my administrators, educators, psychologists and counselors but they found this confusing.

"The results of standardized testing was to be trusted. After all, it is "validated" by rigorous standardized testing."

But what if the questions we seek to answer through standardized tests are not the questions that measure one's true social functioning abilities?

For example, if a student is easily distracted in class, and the teacher is not sure if he or she has a problem "listening", how do we test that?

I was learning from my students about their challenges across the school and home day as well as reading literature and research to try and learn how to help.

This was 1995-1999 and there was not much information on the topic of kids with solid to strong language and learning skills who experienced complex social and academic problems!

All of my students had challenges with personal problem solving.

How do we work on that?
Is it one area of a learning challenge or many?

The more I used language to explain to my students how the world worked from a social perspective, the more they seemed to be able to learn new pathways to relate in the world.

Teaching them different aspects of social thinking helped with personal problem solving.

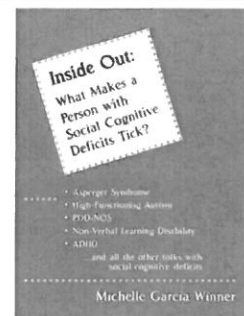
I started running a parents' group as well as explaining my work at monthly teacher's meetings.

What I was learning was that both my students and their parents, teachers, administrators, psychologists, behaviorists, etc.... all need to be taught explicitly how to consider social thinking and related social skills.

I gave my first all day conference in 1998
and the public asked me to write a book.

Working with my students was lovely, the
prospect of writing a book was horrifying!

2000
1st book



Audience: Interventionists

Parents and Professionals

Purpose:

- Avoid assumptions about our student's social cognitive abilities
- Expand our understanding of social learning beyond simply producing social skills

The connection to personal problem solving

Why care?

Introduced the ILAUGH Model
of Social Cognition and
described the connection
between social skills and the
social academic connection.

ILAUGH Model of Social Cognition

An acronym for elements of Communication & Problem Solving

- I = Initiating
- L = Listening with eyes and brain
- A = Abstracting and Inferencing
- U = Understanding perspective
- G = Getting the Big Picture (gestalt)
- H = Humor and Human Relationships

Initiating communication

- My students often show the pattern of:
 - Not asking for help
 - Having few if any friends
 - Not working well with peers in a project based group

Listening with eyes and brain

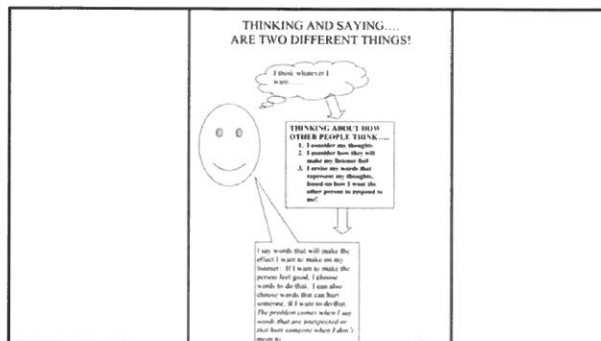
- My students struggled to:
 - Inattentive to social information
 - Make sense of visual social cues
 - Weak auditory processing

Abstract and Inferential Language

- Most of my students were:
 - Literal in their interpretations
 - Demonstrated weak critical thinking
 - Described by parents as “smart but clueless”

Understanding perspectives

- If my client could not understand why children wanted to bury their dead pets, then it made sense that they would also struggle to understand complex characters described in high school novels as part of the English language arts curriculum and social studies texts.



Gestalt = Getting the Main Idea

- Trouble summarizing their thoughts
- Staying on point in a conversation
- Writing paragraphs to essays
- Getting organized
- Prioritizing, etc...

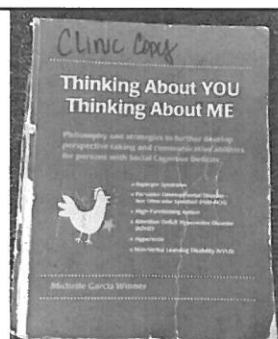
Humor and Human Relationships

- Enjoyed humor
- Using humor at right time, place, person
- Most importantly, **EVERY SINGLE STUDENT SOUGHT TO RELATE AS ONE HUMAN TO ANOTHER!**

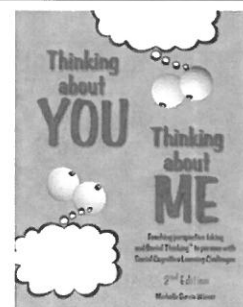
CHAPTER 11 TEACHING SO OUR TEACHING STICKS 10 KEY CONSIDERATIONS

#1: From a social perspective explain what you are teaching and why you are teaching it!

2002
1st Edition
of 2nd book



2007
2nd Edition



Certificate of attendance

- No CEUs offered
- Download Certificate of Attendance below under “Description & Handouts” tab

Links to products & articles

See at bottom of page:
“Helpful Resources”

10% off products

Use code: corebooks

Expires May 2, 2017

Lays the foundation for the
broader teaching and informal
dynamic assessment approach.

The public calls this our “go to book”
for interventionists to better
understand the multi-faceted nature
of Social Thinking.

Over 70,000 have been sold to date.

Social Thinking’s methodology is designed to
help people with social learning challenges
across a range of diagnostic labels, or no
label at all....

- Asperger’s Syndrome
- ASD level 1 or 2
- ADHD
- Gifted
- Quirky, etc.

They are uniquely created to help people with solid to strong language and academic learning skills from 4 years old to across a lifespan.

Chapter 1:
 a review of the research to illustrate how ideas are based on the evidence.

Chapter 2:
 explains the abstract concept of perspective taking in a more explicit manner.

Attributes that Contribute to Forming a Theory of Mind/ Perspective Taking

Overall Concept of Perspective Taking
 People engage in interpersonal relationships with an intention to know their words and personal behaviors affect the feelings of the person with whom they are communicating. People generally adopt the communicative intention that makes the most sense in the context of the situation, and the meaning of a communicative intention that, rather than being, is a way of thinking about the other person's intentions.

Thinking about others using Perspective Taking

1. Recognize the thoughts, feelings, and intentions of another person.
2. Recognize the individuality of the other person.
3. Recognize that another person has his or her own personal set of emotions.
4. Recognize that another person has personal desires and interests.
5. Recognize that another person has his or her own unique personality.
6. Recognize that another person has an individual capacity to learn about another's personal history and interests.
7. Develop and use a variety of skills in a way to become a better and more effective interpersonal relationship as well as create a flow of understanding about the person's personal actions.
8. Use social language to inquire about another person's interests.
9. Understand social conventions surrounding specific interactions.
10. Understand social conventions, specific to social contexts.
11. Be aware of the shifting internal states of the communicative partner.
12. Think about others' prior knowledge and experience.

Thinking about how you impact others using Perspective Taking

1. The other person recognizes you as an individual who you are in close proximity to him or her.
2. The other person recognizes your individual traits.
3. The other person recognizes and reacts to your emotional states.
4. The other person recognizes that you have a personal set of interests and interests.
5. The other person has an individual desire to learn about your personal history and interests.
6. The other person formulates language to inquire about you, and your interests.
7. If you have not the other person, he or she will be a variety of past interactions with you.
8. The other person's response to your message based on how your communication relates to the social conventions, particularly in specific environments.
9. The other person's response to your message based on how your communication relates to the social conventions.

Introducing the concept of different levels of perspective taking abilities

Comparing Levels of Perspective Taking Deficits Between Students who are Emerging Perspective Takers and those who are Impaired Intuitive Perspective Takers	
Emerging Perspective Taker	Impaired Intuitive Perspective Taker
<ul style="list-style-type: none"> It is usually necessary to discuss in person, rather than by email or text, to be able to have a conversation with the student that he or she has some sort of ability. Does not understand the concept of competition and is not competitive. Has a tendency to have large emotional reactions, sometimes with disruptive behavior. Often, all their behavioral problems are caused by sensory integration deficits or misinterpretation of information in the environment. Communication is very functional, serving the student's needs or wants. In most communication, the student is able to have a social interaction, however, sometimes there are generally not a desire for social interaction. Does not distinguish between their own and another's language, even when the student is in a social situation. 	<ul style="list-style-type: none"> Appears to have the same level of ability as the student who has some sort of ability, but in individual situations with the student who has some sort of ability, it is more difficult to have a conversation. Can be extremely competitive and often, in social situations, is more competitive than the student who has some sort of ability. Often has a large emotional reaction to social situations that the other person is not prepared for. If the student's behavior is disruptive, it is often because of a sensory integration deficit or misinterpretation of information in the environment. Communication is often socially mediated with ability to participate in social interactions. However, the communication tends to be very one-sided, with the student's own interests being the focus. Struggles to be very flexible, but can, particularly in social situations, understand the difference between their own and another's language, even when the student is in a social situation.

Our work continues to evolve



As our work evolves we post
articles on our website to
update our information.

The Social Thinking-Social Communication Profile™
- Levels of the Social Mind



Chapters 3-7
Teaches about the
Four Steps of Communication
.....as well as the
Four Steps of Perspective Taking



4 Steps of Face-to-Face Communication

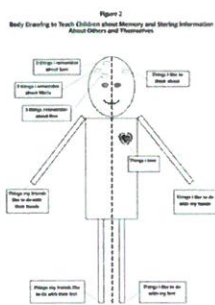
1. **Thinking** about where we are and who we may want to talk with.
2. Establishing a **physical presence** to show intention to communicate.
3. Use **eyes** to think about others.
4. **Language** to relate to others.

To see the Four Steps of
Communication being taught to
a teenager at a conference:

Go to YouTube: "Casey and Social Thinking"



As the process of
communication is taught
many of Social Thinking's
Core Teaching Concepts
are explained and
teaching ideas are
presented.



Including how we use a rubber
chicken to encourage self-reflection
and humor.

Many ask why I don't
keep talking about the
Rubber Chicken to the
public....

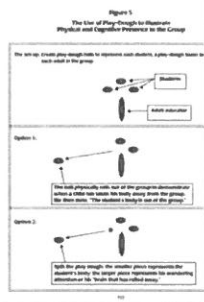
Using the Rubber Chicken to Keep Students Thinking



Humor is one of the most important elements of social thinking sessions. Students with social cognitive deficits quickly tire of the complexity of the social world around them. Breaking it down into finer elements and having deep lessons about it can be downright boring if not handled with humor! Rubber chickens are used in our clinic as a goofy way to express ourselves through humor. Interestingly,

- Making smart guesses
- I can change how you feel
- Making impressions
- People files
- Brain filter
- Boring moments (how to deal with them)
- Hidden agendas
- The social fake....

- Body in or out of the group?
- Brain in or out of the group?
- Open/closed shoulders?
- Listening with our whole body
- Physical comfort zone
- Up and moving with our bodies



Chapter Five

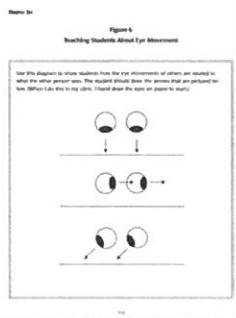
Goal Ideas for Physical Presence

1. Sam will describe what is meant by observing physical presence and facial expression in order to help understand the meaning of other's messages with 85% accuracy.
2. Sam will establish an appropriate physical presence when participating as part of the group 80% of the time.
3. When observing social scenes (videotaped interactions) or a movie with the sound turned off, Sam will accurately describe the implied meaning of the body language and facial expressions of the people with 80% accuracy.
4. Erik will maintain the appropriate physical proximity when participating as part of the group 80% of the time.
5. Given one specific social-communicative behavior related to physical presence, Erik will describe it and then monitor his own

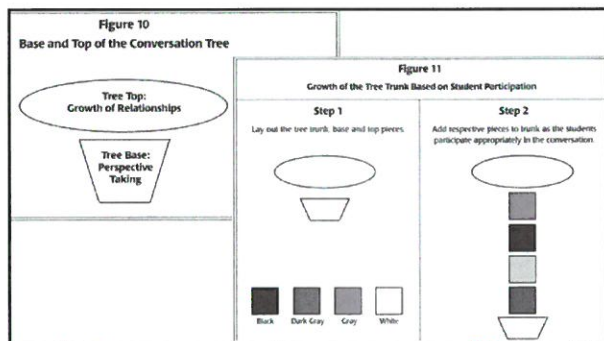
Summary

Teaching the underlying physical concepts that support verbal interactions shows great promise in helping students interpret and participate more successfully in social interactions. The key to teaching these abstract concepts is to teach them directly and demonstrate them in visual and concrete ways. From my experience, the best lessons are those that also involve a lot of fun!

- From establishing joint attention to figuring out the social landscape



- Ask a question
- Add a Thought
- Body and brain
- Build a conversation tree (game), etc..



Paperclips and thumbtacks

You always know when you have a thumbtack in your pocket!

Chapter 8:
Social Behavior Mapping

Handout 7
Social Behavior Map Template 1: Behaviors that are **EXPECTED**

Behavior Mapping: Two conversations are held in categories in advance order. There is not a time limit for the conversation. There is a time limit for the mapping. The mapping is done in the same order as the conversation. The mapping is done in the same order as the conversation. The mapping is done in the same order as the conversation.

Expected Behaviors	How They Make Others Feel	Consequences This Experience	How They Feel About Himself
1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7

Social Emotional Chain Reaction

Situation _____

Expected behaviors

Unexpected behaviors

How you behave affects how people feel & think

Which affects how they react & respond

Which affects how you feel yourself

Chapter 9: The Me Binder

- Teaching the student directly how their special education services are part of their school day and why different people work with them!

Special Education Teacher

Handout 15
Special Education Teacher

Many kids who have special education teachers can be very smart in many things and often have more trouble learning other things. But you know that even about learning that trouble learning certain things? Your special education teacher is the one who helps with the areas you find trouble learning. Your special education teacher's name is _____.

Your teacher helps you learn about _____.

She can help you in your regular classroom or by having you come to her own classroom to teach you. Special education classes have more students than the regular class. So your special education teacher can spend more time with you and the other students.

If you are learning in the regular classroom, your special education teacher will work closely with your other classroom teacher so that you can do as well as possible. All teachers talk to your parents as well. Because people at home and school work together to teach you!

Your special education teacher will sometimes change a homework assignment that your regular classroom teacher gave you. This is the teacher who is trying new ways to help you learn. Sometimes students don't like it when they have to do work that is different from the other students in the class, but it is important for you to let the teacher try all these ways to make it easier for you to understand.

If you still find it hard for you to learn or you have a question in any of your classes, you can talk to both your parents and your teachers. Sometimes it takes a long time to help you. What words can you use to tell someone that you don't understand what is going on?

Handout 17
Speech Language Pathologist (SLP)

The name of your speech language pathologist is _____

Speech language pathologists don't usually start work with kids every day because they work with students at different schools. Your SLP works with _____ times a week on their days _____ The SLP helps students improve their speaking or anything related to language.

The SLP works with some kids on learning to say sounds or words clearly like words with other kids on how to put sentences together. Sometimes she helps kids learn to write better or how to use their language to make friends and work with other people.

Your SLP works with you on _____

Even though you don't get to see your SLP every day you still have to work on the lessons she or he is teaching you every day! You can do this by _____

You should work on this skills (or ones that are correct):

At your other classes: _____ At home: _____

During recess: _____ At lunch: _____

Your SLP also talks to all your teachers and even your parents. She's talking and understanding what people say is really important, she can teach you some really cool stuff!

Handout 18
Occupational Therapist (OT)

Your occupational therapist is _____

To make it easier to say an occupational therapist is called an "OT"

An OT helps people's bodies and minds work together by teaching the body to learn to move. They often help us learn how to do little movements or the body we have trouble with like writing, getting dressed and looking a ball. The OT shows us by teaching you how to break down body movements into smaller parts so you can understand how all the movements work together. Most OTs also show us how to make your muscles stronger so it is easier for you to use your body. Did you know that writing with a pencil is like using your body, work, and attention muscles have to be working to hold your pencil and body stay calm?

Sometimes our brain gets really busy trying to pay attention to all the stuff going on around us, and a good kind of working on hand stuff of us is supposed to be able to use our brain to concentrate on what we are learning, but that is not always easy. OTs can teach us ways to help keep our bodies and brains calm so we can learn.

Your OT talks to your classroom teachers so they can also try the different ways to help your brain and body stay calm.

Your OT works with kids at a lot of different schools, so you don't get to see him or her every day. You see your OT on _____

When your OT you are working on _____

Even when you are not with her, you should still try to work every day on _____

Handout 16
Instructional Assistant or Paraprofessional

People who help teachers to teach students can be called "paraprofessionals" or "instructional assistants". These are people who really like to work with kids. They are like a teacher's helper. Paraprofessionals can be very good at what they do. They have the special education teacher but they can't get information from the regular classroom teacher. You may have more than one paraprofessional working with you. The number of the paraprofessionals you work with is _____

Your paraprofessional works with you every day during _____

Like other adults at school they will talk to all of your teachers to learn how to better help you. Many times they make decisions about how best to help you with lessons that come from inside your classroom. Sometimes your paraprofessional will help by changing your classroom to make it easier for you to learn and be good at learning. Sometimes your paraprofessional will work with you on learning to play with other kids and work as part of the group, even though there are not lessons that any of the other children are working on. Sometimes paraprofessionals will go with you when you play with other kids during recess or during play in a group if something you are working on. Paraprofessionals are really cool people. Your paraprofessional is working with you to help you learn.

Your paraprofessional expects you to also try to work on many things by yourself. She thinks you are ready to do some things all by yourself!

Chapter also includes ideas on...

- Helping child learn about their strengths and weaknesses
- Writing a behavior plan that a child can understand!

Chapters 10 & 11:
Exploring Assessment ideas

- Introducing Social Thinking's Informal Dynamic Assessment Tasks
- Discussion about problems posed by standardized tests
- Sample report provided.....

For example: The Double Interview

- I interview them
- Then they look at 3 pictures of me
- Then I ask them to interview me

Post it. Share it. Tag it.



@socialthinking



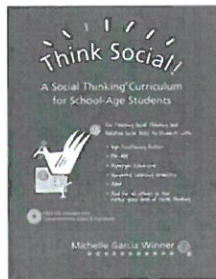
2socialthinking

#STWebinar

Public asked....

Please provide us with sequenced lessons to help start to figure out how to put this all together! Even if there can be no pre-set long term curriculum plan.

2005
Think Social!
A Social Thinking®
Curriculum for School
Age Students



Think Social! Curriculum

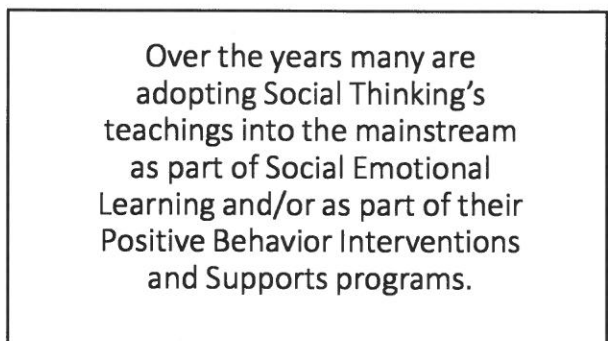
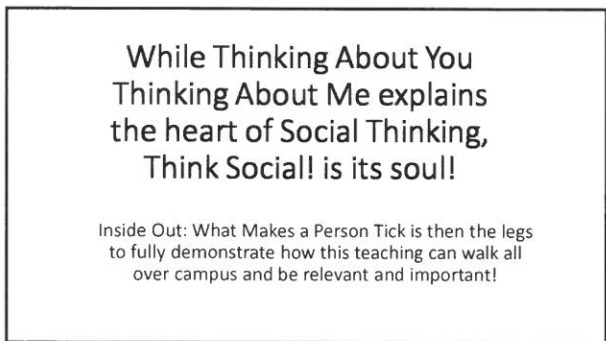
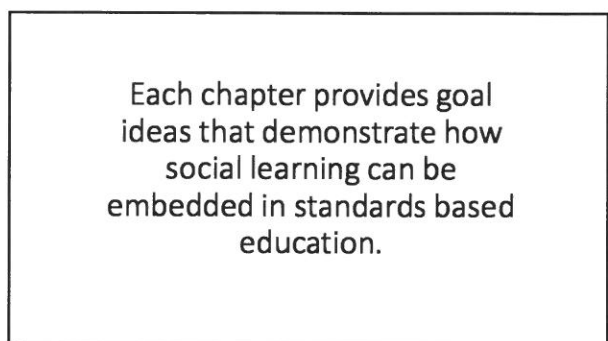
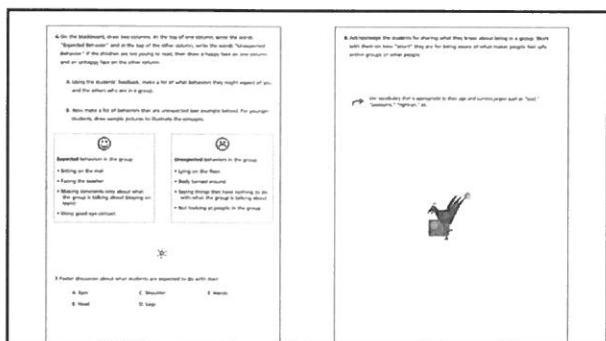
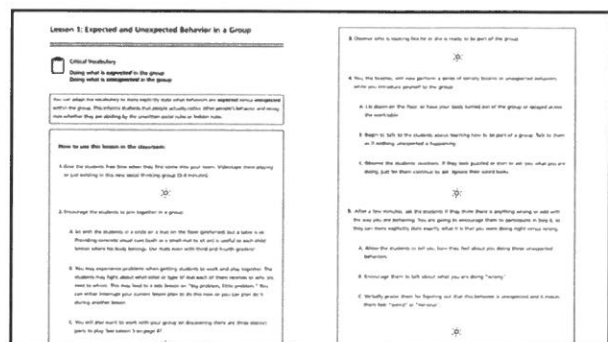
- 350 pages
- All teachings extend beyond Thinking About You Thinking About Me
- Introduction discussion about working with groups and grouping students based on like social learning abilities

Then provides lesson plans for 69 Social Thinking Vocabulary Concepts

Information organized to explore:

- Being part of a group
- How our body and mind help us in the group
- Self-awareness and self-monitoring of our behavior in a group

- Observing others
- Figuring out what people mean by what they say
- Adjusting our participation and language based on what others are thinking
- Language makes others have different thoughts and feelings
- Last unit... "There is still so much more to teach!"



We provide concepts, frameworks
and strategies to help any person
better understand the social
emotional experience and their
role within it.

Important question from the public:

Are You An Evidence Based Practice??



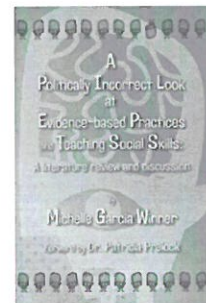
Yes!
We have always been and will always
continue to be!



First book to directly
address this:

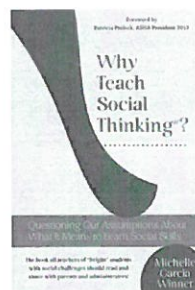
2008

A Politically Incorrect
Look at....



2nd Edition and
Title change (2013),
278 pages

Why Teach
Social Thinking?



Covering Social Thinking's deep
connection to the research

- Demonstrating how Social Thinking's
Methodology is tied to research
studying the development of the
social mind from many different fields.

How social thinking is at the heart of our social skill production and other aspects of learning:

- Explores how we need to teach more than social skills and what exactly is *social thinking* and how it connects to classroom academics, critical thinking, academic standards, social participation.

Helps the reader connect Social Thinking's many moving parts:

- ILAUGH Model of Social Cognition
- Social Learning as being infused in academics – standards based discussion
- Teaching with Social Thinking Vocabulary and Concepts
- Who needs what type of socially based teachings
- Why different types of students need different types of treatment approaches.

Chapter 1

Introduction to Social Thinking and Social Skills

People think that if something feels easy to do, the mechanisms behind it must be simple.

—Columbo

Our understanding of the cognitive and learning challenges of persons with disabilities—especially those on the autism spectrum—has evolved enormously over the

Chapter 2

What Are Social Skills?

Talk to five different adults, and each will probably have a different definition of social skills. Probe further, and each will probably have different ideas of what constitutes "good" and "bad" social skills. Take this exercise to a community of Latino or Hindi families, and the answers will again be somewhat different. When we talk about social skills, we often describe individual problematic skills rather than explore the topic conceptually. How are we to develop educational and mental health programs dedicated to helping students with "poor social skills" when we, as parents and professionals, lack agreement as to what this all means? To develop more meaningful social skills programs, we

Chapter 3

What Are the Origins of Social Development? Is There an Age When Our Social Development Stops?

The 1990s were designated the "Decade of the Brain" by President George H.W. Bush to enhance public awareness of the benefits to be derived from research on the brain. The impact of this research and understanding of the brain overflowed into the realm of social development. Advances in neuroimaging coupled with an increasing interest in exploring the subtleties of the mind have resulted in more research attention to social thinking and social interactions. In fact, this interest spawned a new field

Chapter 4

In What Areas of Social Thinking Do Students with Social Cognitive Challenges Struggle? The ILAUGH Model Remodeled

Many top researchers in the field of social cognition have described key concepts that appear to be pivotal in the development of the social mind—central coherence, theory of mind, executive function, emotion regulation, and sensory integration. Several of these concepts have been identified as significantly contributing to the social, communicative, and self

Chapter 5

What Impact Do Weaknesses in Social Conceptual Information Have on Learning the Common Core State Standards?

With the passage of the No Child Left Behind Act (NCLB) in 2001, the U.S. Congress strongly encouraged public schools to teach students according to their state's educational standards. More recently, a set of educational standards, the Common Core State Standards, has been adopted by the vast majority of U.S. states to allow students across the country to be taught from the same set of educational expectations. In this way, school administrators could demonstrate their students were

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ognition and reciprocity

dependent on growth
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h represents one
diverse range of
is that emerge

4. The leaves represent individual strategies/skills needed in

1. The trunk represents the core of social thinking skills that are essential for all students to learn and use in all social situations.

2. The trunk represents the core of social thinking skills that are essential for all students to learn and use in all social situations.

3. The trunk represents the core of social thinking skills that are essential for all students to learn and use in all social situations.

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7. The leaves represent individual strategies/skills needed in

8. The leaves represent individual strategies/skills needed in

9. The leaves represent individual strategies/skills needed in

10. The leaves represent individual strategies/skills needed in

Chapter 6

When Do We Use Social Thinking and Related Social Skills? How Do We Approach Teaching These Skills?

P

Chapter 7

How Can Cognitive Behavior Therapy Address Teaching Social Thinking and Related Social Skills?

S

Chapter 8

Do All Those with ASD-SCD Benefit from the Same Teachings? The Social Thinking-Social Communication Profile (ST-SCP)

T

Chapter 9

Who Is Responsible for Creating and Teaching Social Thinking and Related Social Skills? Is the Same Set of Teaching Techniques Relevant for All Persons with ASD and Related Social Learning Challenges?

T

Chapter 10

What Is a Framework for Teaching Social Thinking and Related Social Skills?

Teaching social thinking requires us all to become more active thinkers about the social learning process. One of the more daunting problems associated with this realm of learning challenges is the absence of a common vocabulary to observe and describe social expectations. While we have a way to define and prescribe treatment for more traditional learning disabilities, such as reading, decoding, and math calculations, we haven't yet developed an explicit vocabulary for teaching social concepts in a straightforward manner. Previous chapters have explored the multidimensional and dynamic nature of social problem solving and

Chapter 11

What Are Some Guidelines for Teaching Social Thinking and Related Skills to Groups of Students?

Best-Practice Teaching Guidelines for Social Thinking

As more and more educators and professionals have sought to learn this methodology, a number of common best-practice instructional guidelines have arisen. Effective Social Thinking treatment programs seem to share the several principles discussed in this chapter.

Chapter 12

How Does Social Teaching Fit into What We Typically Call "Education"?

As readers have come to appreciate by this point, social thinking and related social skills are used throughout the school day—whether a student is working independently, is part of small-group or large-group instruction in the classroom, is moving from class to class, is present during lunch and recess, or is participating in extracurricular, school-based activities. Social thinking skills enable a student to make sense of the academic curriculum, understand characters and events in current-day and historical accounts, and acquire the prerequisite knowledge upon which future class assignments are predicated. There's no place or

Chapter 13

What Are Evidence-Based Practices? How Do They Apply to Teaching Social Thinking and Related Social Skills?

Professionals who set standards for public education and parents alike want our students to grow and learn within an effective, economical, and safe environment. We want to know that students are being taught using a meaningful curriculum and teaching models based on best practices in the field of education, which includes in its definition social-emotional learning. An emphasis on children receiving a "quality education" has been present for centuries. However, with the passage of NCLB in the early 21st cen-

Chapter 14

Summary: We End at the Beginning

The superficially conceived concept of simply teaching social skills misrepresents the dynamic and complex process that's at the heart of social skill production. Before we can act socially, we need to be able to think socially. Professionals in fields such as evolutionary anthropology, cultural linguistics, and sociology have spent generations studying the complex nature of social development in human beings and society. However, this is an area of new exploration within the realm of educators and clinicians.

Our education system is built upon certain assumptions about the social development of children. Educators assume that children enter school and progress with an intact "social operating sys-

Social Thinking has a lot of information to share with interventionists on many topics.

Check out our handout, in your resources folder called

"Tracing The Origins of Social Thinking's Teachings"

The ability to learn with language
and use language to explore
one's own learning is the
backbone of Social Thinking's
teachings.

And the heart of Social
Thinking's teachings is that each
of us impacts the other whether
we are interacting or just
sharing space.

Considering the thoughts &
feelings of others, and adapting
one's own behavior in pursuit of
our broader individual and
communities' goals are
fundamental for any society's
advancement.

Social Thinking guides how we
can explicitly teach socially based
information in a respectful and
thoughtful manner.

One's social skills, socially based
critical thinking and problem
solving can only be demonstrated
if one is constantly engaging in
their own social thinking process.

Keep learning with us.

Quote sent to us by a mother of
an 8 year old boy the week of
April 1st, 2017

"I remember when I had no Social Thinking
and I didn't know what was going on."

His mother also told us
"Social Thinking is Life Changing."

Continue the learning!



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