

# SUPERFLEX'S VERY COOL FIVE-STEP POWER PLAN

SuperFlex and his Five Power Pals can help you defeat the Unthinkable invading your brain!



## POWER 1



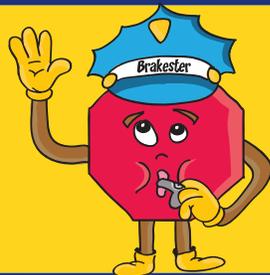
Use **DECIDER** to stop, decide and describe which Unthinkable is trying to overpower your superflexible thinking. Sometimes (in fact, most of the time) there's more than one Unthinkable. If you're not sure which Unthinkable you're trying to defeat, ask a teacher, a parent or someone else for help.

## POWER 2



Use your **SOCIAL DETECTIVE** to observe the situation and people in it. This will help you use your eyes, ears and brain to gather all the critical clues to move to the next step.

## POWER 3



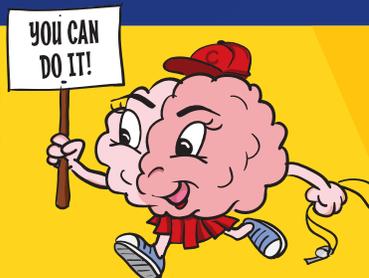
Use **BRAKESTER** to stop and think about the hidden rules. This will help you figure out the expected behaviors for the situation.

## POWER 4



Use **FLEX Do Body** to flex and do your strategy. Use your flexible thinking to choose the right strategy or strategies from your toolbox to do what's expected. This helps you carry out your plan to defeat that sneaky Unthinkable.

## POWER 5



Use your **CRANIUM COACH** to use self-talk to tell yourself you've done well using new strategies, or coach yourself to keep trying. Go ahead and silently tell yourself "good job" when you use any of the first four powers, even if you weren't able to completely defeat your Unthinkable.

