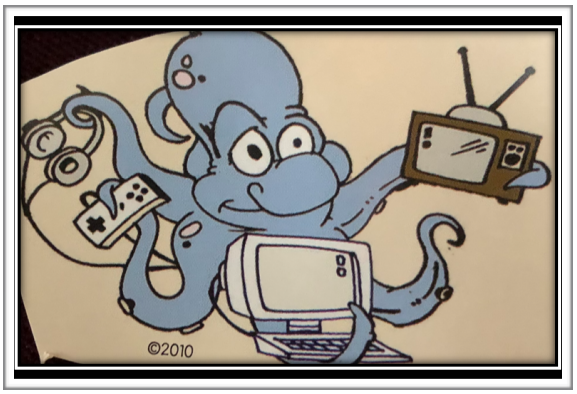


Building an Unthinkable Detector

Don't forget to learn how to be a **SOCIAL DETECTIVE** before trying to use your Superflex powers. We all need to be social observers before we can transform ourselves into Superflexible Superheroes!

What you need

- Empty box or bag
- Toilet paper or paper towel rolls (empty)
- Tape or stapler
- Plastic or paper bag
- FOIL or other shiny objects (coins)
- String or yarn

What to do



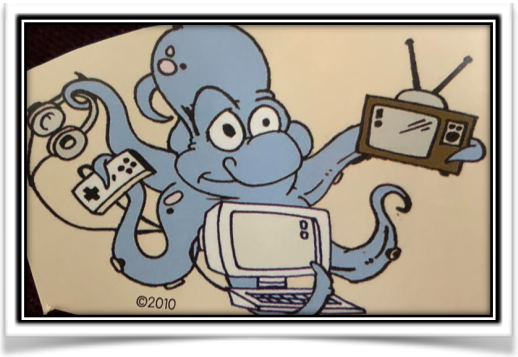
1. Draw pictures of Unthinkables. Make the pictures colorful. [Unthinkables love that!]
2. Cut a piece of string to long enough to go through the paper towel roll and tape a picture of the unthinkable you think is in your home.



3. Tape the Unthinkable spictures to an empty box.
4. Put the paper towel roll under the box and make a sign to show the Unthinkables where to go.
5. At night, put your Unthinkable Detector in a safe place (so that no one trips on it).
6. If the detector is sprung in the morning then you know you have Unthinkables in your house.
7. Activate your Superflex Powers to defeat the Unthinkable. See Thinksheet on next page to practice.

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Unthinkables are here! Now What?



Congratulations! Your Unthinkable Detector was successful but now you it's time to figure out which Unthinkables you need to defeat!

Did you know that Unthinkables leave a "trail?". It's true! Just like animals (and humans) leave trails, Unthinkables leave trails too. We can use these trails to help us know which Unthinkables your homemade DETECTOR detected.

Here are some common markers (or trails) that Unthinkables might leave behind. Circle the ones that you have seen, heard, or maybe even done. Count up the number of circles in the column and if you have one or more in that column, you can be sure that Unthinkable is on the loose! We've picked the most common five but there are many many more. If you don't see your Unthinkable on the list, then add it to the table.

Rockbrain	Glassman	Braineater	Worry Wall	Mean Jean Mean Gene	A different Unthinkable?
Refusing to do things when asked	Yelling when a small thing happens	Thinking only about video games	Worrying a lot of the time	Acting bossy with others	
Wanting to do things only one way	Having a big reaction to a little problem	Having trouble listening to others	Thinking about stuff that make you worry more	Saying mean things to people	
Getting stuck on one's own ideas	Crying and yelling when things don't go your way	Getting distracted by just about anything	**See below	Doing mean things to others	
TOTAL					

**We know Worry Wall is in everyone's brains right now, including grownups. It's okay to worry but don't let Worry Wall take over all of your thoughts. Remember, it helps to talk about your worries to someone you trust. You can also use strategies to defeat Worry Wall like deep breathing and exercise and mediating and positive thinking/comments.

Which Unthinkables have left trails in your home?_____

_____

Which THINKABLES can help you to defeat them? _____

_____

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