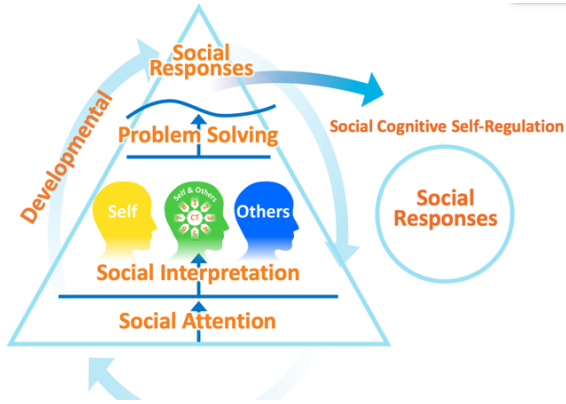# The Social Thinking-
Social Competency Model: Extended Version (2019)

Four big steps in the process of teaching social competencies and social cognitive self-regulation:

1. Social Attention
2. Interpretation of self & others
3. Problem solve to decide…
4. Social Response(s)

Social Cognitive Self-Regulation

Three other factors that can complicate the development of social competencies, that also require strategies for self-management:

- sensory processing
- possible anxieties & depression
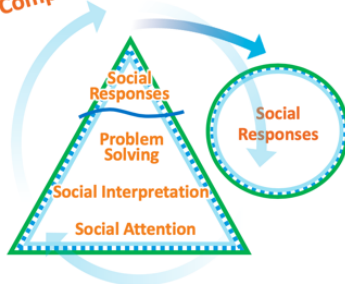- screen time overload

Social Interpretation

1. World knowledge
2. What is the situation?
3. Who are the people?
4. What are their intentions?
5. Basic emotions
6. Self-conscious emotions
7. Basic theory of mind
8. Advanced, applied, spontaneous theory of mind

CT = Critical thinking

Other factors that can impact the treatment process:

Sensory Processing

Possible Anxiety & Depression Management

Screen Time Overload on Portable devices (STOP)