

Impressions: We make them all the time. How am I doing?



This thinksheet supports concepts taught in *Social Thinking Thinksheets for Tweens and Teens*

1. After or during your Zoom/online session or group, think about the 8 questions below.
2. Rate yourself using the 10 point scale (10 is the highest, 1 is the lowest).
3. Use the annotation tool to mark the box where you think your impression landed

Question 1: Did you show your face (keep video on, have your whole face in the frame)?

Question 2: Did you mute and unmute at the expected times?

Question 3: Did you share your plan when you went to do something off the screen (e.g., get a snack, use the bathroom, etc.)?

Question 4: Did you use the Zoom camera in an expected way?

Question 5: Did you use the Zoom features in an expected way (e.g. annotate at the expected times, share screen when asked, etc.)?

Question 6: Did you keep your brain in the group/attend to the group (avoid side videos, play games, email, etc.)?

Question 7: Did you show interest in others thoughts, stories, plans, ideas etc.?

Question 8: Did you follow the group plan?

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	10	9	8	7	6	5	4	3	2	1
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										

- Have students add their own “impression questions”
- Link with the 4 Steps of Communication
- Reflect before the next group meeting - set goal and action plan for this session