

## **Group Plan Freeze Dance**

## **Activity Directions:**

- 1. Play some music and have students stand up.
- 2. When the music stops, everyone must freeze.
- 3. During each freeze, one student must initiate sharing their thoughts to name a silly animal or creature for everyone else to dance like next (i.e., "now everyone dance like a bear doing ballerina" or "now everyone dance like a wizard casting spells" etc)
- 4. Students must use their flexible thinking to follow the group plan with each new suggestion; it's a "we dance plan" not a "me dance plan."
- 5. Students must problem solve when they can jump in to share their thought for the next dance theme (using the strategies of Thinking With Eyes and Listening with Body and Brain) to notice and initiate)
- 6. If students have a difficult time initiating and jumping in to share a thought, the coach can create a Powerpoint with a few options on each slide for students to choose from for the group's next group dancing plan.

Visual attached below for additional support.

